



## *The First Ten Plays*

### SURVIVING CATASTROPHES\*

- Plan ahead for the most likely extreme event in your region, including ones that might not affect you directly but rather large urban areas nearby. These details can be found in your local jurisdiction's emergency plan.
- Define the likely interruptions to be experienced by catastrophes (shelter, water, food, utilities, medical support, communications, etc.).
- Make a checklist of actions for you, your family, friends, and neighbors to support your needs to survive the most likely catastrophe.
- If you decide to merely survive and not support others, then go to such sites as: <http://www.ringsurf.com/ring/enspring/>
- If you decide to work with a group to everyone's mutual benefit, and build a community of like minds, get a copy of **Diana Leafe Christian's books** about intentional communities, and her newsletter at: <http://www.dianaleafechristian.org/>
- Ideas on basic planning for disaster-level events are best found in, "**It's a Disaster...What Are You Gonna Do About It?**" <http://www.fedhealth.net>
- If you want some very detailed information about storing supplies, selecting places with reduced threats, and looking at long-term operations (not just a few weeks from an emergency, or a month from a disaster) then get the book, "**Dare to Prepare,**" [http://standeyo.com/News\\_Files/Hollys.html](http://standeyo.com/News_Files/Hollys.html)
- If you are interested in supply kits at least for short team durations for a few days before you need to go into long-term stores, go to: <http://www.emergencylifeline.com/> **Mention the Road to Ready**
- If you decide to work with others, find diverse skills. Your group should have at a minimum basic first aid, CERT training, camping skills, and other key skills to support the group (medical, fishing/hunting, food storage and preparation, water processing, Ham Radio, musical instrument)
- Test your plans with mock drills with your survival group to see if your plans would work. A weekend of rigorous camping will tell you a lot.

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\* *These are not listed in order of importance but as a group of materials that will increase the possibility of positive outcomes.*